



# 2012 BRAINSPORT BRAINFREEZE 10K AND HALF MARATHON

## General Information

- Race day is Sunday March 4<sup>th</sup> 2012. Both the 10km and Half Marathon will be starting at 1:00pm.
- The lower auditorium of Grace Westminister Church (505 10<sup>th</sup> St E) will serve as race headquarters, with the start/finish line being located near the church entrance on 10<sup>th</sup> Street. Doors will open at 12:10pm.
- All registration forms must be received by Brainsport by Saturday March 3<sup>rd</sup> at 5:00pm. There is NO race day registration.
- All proceeds go towards supporting the UofS Huskies Cross Country team.
- Race package pick-up will be at Brainsport (704 Broadway Ave.) on Saturday March 3<sup>rd</sup> from 2:00pm – 5:00pm. There will be NO race package pick-up on race day. Please let us know in advance if someone else will be picking up your race package.
- In order to be guaranteed an event New Balance long sleeve shirt, participants must be registered by January 31<sup>th</sup> 2012.
- Registration forms can be dropped off in person, or mailed to: Brainsport, 704 Broadway Avenue, Saskatoon, SK, S7N 1B4.

## Entry Fees:

	Up to January 31 <sup>st</sup>	February 1 <sup>st</sup> - March 3 <sup>rd</sup>
10K	\$40	\$50
Half Marathon	\$50	\$60

## Race Course & Race Day Information

- The 10K course begins beside Grace Westminister Church on Eastlake Avenue. It moves north until hitting Saskatchewan Crescent where it turns east to Broadway Avenue then north along the Broadway Bridge to cross the river. At the north end of the bridge participants will turn west on 19<sup>th</sup> Street, then south on 3<sup>rd</sup> Avenue. Upon reaching Spadina Crescent, the course merges onto the Meewasin Valley trail heading eastward under the Broadway Bridge. Runners will follow the Meewasin trail northwards until reaching the halfway turnaround near the Circle Drive Bridge. The course follows the exact same path back to the finish.
  - The Half Marathon course begins beside Grace Westminister Church on Eastlake Avenue. It moves north until hitting Saskatchewan Crescent where it turns east to Broadway Avenue then north along the Broadway Bridge to cross the river. At the north end of the bridge participants will turn west on 19<sup>th</sup> Street, then south on 3<sup>rd</sup> Avenue. Upon reaching Spadina Crescent, the course merges onto the Meewasin Valley trail heading eastward under the Broadway Bridge. Runners will follow the Meewasin trail northwards until reaching the halfway turnaround just north of Whiteswan Drive. The course follows the exact same path back to the finish.
- \*\*\* Please see maps available at [www.brainsport.ca](http://www.brainsport.ca)\*\*\*
- Water and Gatorade will be available at the 5km mark in the 10K race, and the 5km, 10km, and 15km marks in the Half Marathon race.
  - Gu Gels will be also available for Half Marathoners at the 10km mark.
  - There will be washrooms at the pre-race/post-race venue, portable toilets at the 5km and 15km points, and the Half Marathon will pass public Meewasin washrooms at the 7km and 13km points.
  - All portions of the race on roadways will be secure and blocked from traffic.

- The course closes at 4:00pm.
- Both the 10K and Half Marathon race will have a course marshal who will lead the way on bicycle.
- The lower floor of Grace Westminister Church will be available to all participants before and after the race to stay warm, stretch, use washrooms, and drop bags off.
- Gourmet coffee, hot chocolate, pastries, fruit and other refreshments from Cafe Sola will be provided to participants after finishing the race.
- Medal presentations, prize winners and post-race food will take place at Grace Westminister Church following the event.
- Medals will be awarded to age-class winners in both the Half Marathon and 10K events (men's and women's 19 and under, 20-29, 30-39, 40-49, 50-59, and 60+).
- The men's and women's overall winners of the Half Marathon will receive a free pair of shoes courtesy of New Balance and Brainsport the Running Store.
- All participants will be entered to win one of several draw prizes at the post-race event.

### **Event Switching & Cancellation**

- All event switches will be subject to an additional \$10.00 processing charge, as well as the difference between the two event fees, which is to be paid by March 3<sup>rd</sup>.
- If you wish to switch events, please email a request to [brainsport@brainsport.ca](mailto:brainsport@brainsport.ca). Requests must be received by March 3<sup>rd</sup>.
- In the event that a registrant will be unable to participate due to unforeseen circumstances, registration fees are non-refundable and non-transferable for any reason.
- The Brainsport Brainfreeze will take place on the set date, snow or shine. In the event of hazardous weather conditions, Brainsport reserves the right to postpone or cancel the event. Registration fees will not be refunded for rescheduling or cancellation due to inclement conditions.

Please email questions to Matt Mazurik at [m\\_mazurik18@hotmail.com](mailto:m_mazurik18@hotmail.com).

Finally, a special thanks to our major race sponsor:

